



After nearly two decades working and managing in real estate, mortgage banking, event planning, and production, as well as radio and television broadcasting in a top 10 media market, Gregg took his experiences and launched Teams Rock to help organizations increase productivity, reduce turnover, and increase morale.

With over 2,000 keynotes, breakout sessions, and training workshops, Gregg Gregory is the team-building mastermind your organization needs today. He is a Certified Speaking Professional (CSP) with more than 25 years working at all levels within corporate America. His expertise and articles have appeared in 100s of business and trade publications.

While working through the pandemic, Gregg and his team began to research the secrets of some of the greatest teams throughout history, where he developed his OPT (On-Purpose Teams) system. The secret lies with essential elements that any team can build on and begin functioning On-Purpose.

Over the years, Gregg has volunteered his time and resources as a Big Brother, Director of Youth Activities at his local church, and coached little league baseball.

A native of the Washington D.C. Metropolitan area, Recently, he moved to Annapolis MD with his rescue dog Rider so he can be closer to salt water, and the Chesapeake Bay. This allows him to volunteer with local community organizations, including the Chesapeake Bay Foundation, his local community church, The United States Lighthouse Society, and the Arundel Rivers Federation.

Contact Gregg today and discover how he can help your teams reduce employee turnover, increase productivity, and boost morale.

Connect with Gregg today on LinkedIn by scanning this QR code.

